July 23, 2012

Dear Friends,

In two months’ time, we’ll be gathering for The Running Warrior, our annual Homecoming 3K walk and 5K road race. For some of you, this marks the height of your running season. For others, it’s the start of a new tradition and a move towards healthy choices and stronger living.

Many of you are receiving this invitation as a result of our ongoing quest to compile an exhaustive and accurate list of all Cross Country alumni by year. We’d love to have you join us and remember just how much fun it is to move.

Enclosed is this year’s registration form. You’ll be happy to see we’re moving to the professional timing company SRS (Super Race Systems) and that we’re providing the option of online registration for your convenience.

Please make a special note of the team’s outreach ministry this year through Soles4Souls (www.soles4souls.org). By bringing your old running shoes and dropping them in the donation box at the registration table, you’ll be helping eradicate poverty through the start of micro-businesses worldwide.

Enthusiastically,

Nancy J. Gates
Race Administrator

Latia Deylii
Head XC Coach

Sarah Sauer
Asst. XC Coach

P.S. If you’d like to help with our XC alumni project, send a note to: nancy.gates@nyack.edu and we’ll send you the Excel sheet for your review.